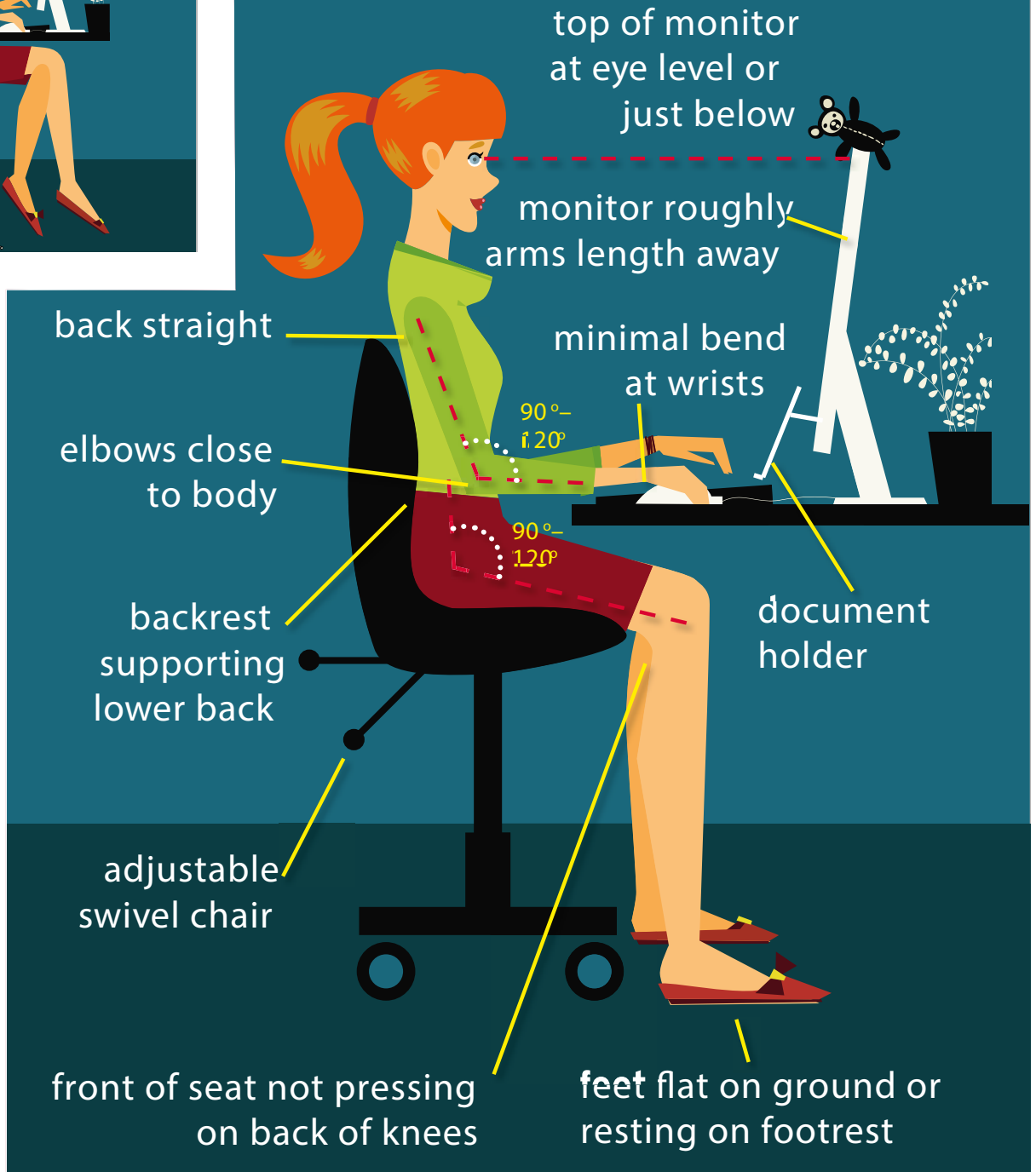


OPTIMAL DESK POSTURE



WORKSTATION ERGONOMICS – THE IDEAL SET-UP



The information contained in this article is intended as general guidance and information only and should not be relied upon as a basis for planning individual medical care or as a substitute for specialist medical advice in each individual case.